

Westbrook

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2008)	16,534	6 th
Population change between 1998 and 2008	-1.1%	24 th
Population per square mile (2008)	980	3 rd
Median age (2000)	37.8	Tie 16 th
Under 18 (2000)	23.4%	20 th
65 and over (2000)	15.5%	6 th
Racial and ethnic minorities (2000)	3.9%	4 th
Not fluent in English (2000)	0.39%	10 th
Living in poverty (1999)	8.3%	6 th
Less than a high school education (2000)	12.9%	3 rd
Single parent households (2000)	10.4%	3 rd

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	City	County	State
1. Cancer	248	227	242
2. Heart Disease	239	191	237
3. Chronic Lower Respiratory Diseases	64	51	61
4. Cerebrovascular Diseases	55	50	61
5. Alzheimer's Disease	72	48	38
6. Unintentional Injuries	41	36	40
7. Influenza and Pneumonia	25	26	24
8. Diabetes Mellitus	36	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	14	20	19
10. Septicemia	12	11	10
All Causes	1,024	884	969

Shading indicates a significant difference from the state.

Westbrook has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual chlamydia cases per 100,000	270 (2005-07)	156 (2002-04)	73%
Annual substance use arrests per 1,000	19.7 (2004-08)	12.9 (1999-03)	52%
Annual violent crimes per 10,000	21.8 (2004-08)	15.4 (1999-03)	42%
Eligibility for free or reduced school lunches	53.9% (2009-10)	49.4% (2008-09)	9%
Hospital visits per 1,000***	137.9 (2007)	126.7 (2006)	9%
Controlled substance prescriptions per person	2.19 (2008)	2.06 (2007)	6%

Westbrook has...

High levels of	Low levels of
Violent crimes	Emergency department visits**
Home and nurse visits**	Breast cancer
Chlamydia	Domestic violence crimes

Represents the highest and lowest percentages among all significant indicators listed on the next page.

**Among those with private insurance, and by region that also includes Gorham.

WESTBROOK Indicators HIGHER than the State			
INJURY AND VIOLENCE	Value	State value	% higher
Annual violent crimes per 10,000 (2004-08)	21.8	11.4	92%
Disabling occupational injuries per 1,000 workers (2008)	24.8	21.0	18%

WESTBROOK Indicators LOWER than the State			
INJURY AND VIOLENCE	Value	State value	% lower
Annual domestic violence crimes per 10,000 (2004-06)	29.9	41.2	28%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)**	44.8	25.9	73%
Hospital visits per 1,000 (2007)***	137.9	126.1	9%

HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)**	112.8	191.2	41%

CHRONIC DISEASE	Value	State value	% higher
Asthma per 1,000 (2007)**	34.1	30.2	13%
Depression per 1,000 (2007)**	66.4	59.1	12%

CHRONIC DISEASE	Value	State value	% lower
Breast cancer per 1,000 (2007)***	3.8	5.5	30%

SUBSTANCE USE	Value	State value	% higher
Annual substance use arrests per 1,000 (2004-08)	19.7	13.4	47%
Controlled substance prescriptions per person (2008)	2.19	1.76	24%

INFECTIOUS DISEASE	Value	State value	% higher
Annual chlamydia per 100,000 (2005-07)	270	180	50%

FAMILY HEALTH	Value	State value	% higher
Eligibility for free or reduced school lunches (2009-10)	53.9%	43.0%	25%

ENVIRONMENTAL HEALTH	Value	State value	% higher
Housing built before 1950 (2000)	44.0%	35.8%	23%

**Among those with private insurance, and by region that also includes Gorham.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

Published by the Public Health Division, Health and Human Services Department, City of Portland.
Last revised 12/30/2009.

