

South Portland

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2008)	23,803	2 nd
Population change between 1998 and 2008	-0.4%	23 rd
Population per square mile (2008)	1,985	2 nd
Median age (2000)	37.9	15 th
Under 18 (2000)	22.3%	23 rd
65 and over (2000)	14.6%	12 th
Racial and ethnic minorities (2000)	4.8%	3 rd
Not fluent in English (2000)	0.82%	3 rd
Living in poverty (1999)	6.7%	11 th
Less than a high school education (2000)	10.3%	13 th
Single parent households (2000)	9.0%	5 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	City	County	State
1. Cancer	257	227	242
2. Heart Disease	186	191	237
3. Chronic Lower Respiratory Diseases	55	51	61
4. Cerebrovascular Diseases	47	50	61
5. Alzheimer's Disease	50	48	38
6. Unintentional Injuries	37	36	40
7. Influenza/Pneumonia	25	26	24
8. Diabetes Mellitus	23	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	26	20	19
10. Septicemia	13	11	10
All Causes	909	884	969

Shading indicates a significant difference from the state.

South Portland has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual chlamydia cases per 100,000	227 (2005-07)	150 (2002-04)	51%
Annual violent crimes per 10,000	17.7 (2004-08)	12.4 (1999-03)	43%
Home and nurse visits per 1,000**	33.5 (2007)	25.7 (2006)	30%
Eligibility for free or reduced school lunches	35.4% (2009-10)	31.1% (2008-09)	14%
Controlled substance prescriptions per person	1.81 (2008)	1.64 (2007)	10%

South Portland has...

High levels of	Low levels of
Disabling occupational injuries	Emergency department visits**
Violent crimes	Smoking-related diagnoses**
Depression**	Eligibility for free or reduced school lunches

Represents the highest and lowest percentages among all significant indicators listed on the next page.

**Among those with private insurance.

SOUTH PORTLAND Indicators HIGHER than the State			
CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)**	81.9	59.1	39%
Asthma per 1,000 (2007)**	35.7	30.2	18%
Back pain per 1,000 (2007)**	120.7	109.9	10%

SOUTH PORTLAND Indicators LOWER than the State			
CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007)**	6.9	8.6	20%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)**	33.5	25.9	29%
Hospital visits per 1,000 (2007)**	138.8	126.1	10%

HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)**	135.3	191.2	29%
Disabled (2000)	18.9%	20.0%	6%

FAMILY HEALTH	Value	State value	% higher
Annual births per 1,000 women 15 to 44 (2002-06)	58.0	52.0	11%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)	35.4%	43.0%	18%

INJURY AND VIOLENCE	Value	State value	% higher
Disabling occupational injuries per 1,000 workers	35.3	21.0	68%
Annual violent crimes per 10,000 (2004-08)	17.7	11.4	55%

ENVIRONMENTAL HEALTH	Value	State value	% higher
Housing built before 1950 (2000)	48.3%	35.8%	35%

INFECTIOUS DISEASE	Value	State value	% higher
Annual chlamydia per 100,000 (2005-07)	227	180	26%

SUBSTANCE USE	Value	State value	% higher
Controlled substance prescriptions per person (2008)	1.81	1.76	3%

**Among those with private insurance.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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