

# Falmouth

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2008)	10,724	8 <sup>th</sup>
Population change between 1998 and 2008	+23.9%	6 <sup>th</sup>
Population per square mile (2008)	362	8 <sup>th</sup>
Median age (2000)	40.7	7 <sup>th</sup>
Under 18 (2000)	27.3%	4 <sup>th</sup>
65 and over (2000)	16.2%	3 <sup>rd</sup>
Racial and ethnic minorities (2000)	2.6%	12 <sup>th</sup>
Not fluent in English (2000)	0.26%	16 <sup>th</sup>
Living in poverty (1999)	3.7%	21 <sup>st</sup>
Less than a high school education (2000)	4.5%	25 <sup>th</sup>
Single parent households (2000)	4.7%	26 <sup>th</sup>

\*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	240	227	242
2. Heart Disease	245	191	237
3. Chronic Lower Respiratory Diseases	65	51	61
4. Cerebrovascular Diseases	93	50	61
5. Alzheimer's Disease	175	48	38
6. Unintentional Injuries	29	36	40
7. Influenza and Pneumonia	32	26	24
8. Diabetes Mellitus	15	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	21	20	19
10. Septicemia	15	11	10
All Causes	1,166	884	969

Shading indicates a significant difference from the state.

## Falmouth has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual Lyme disease cases per 100,000	91 (2005-07)	35 (2002-04)	163%
Home and nurse visits per 1,000**	45.2 (2007)	35.9 (2006)	26%

## Falmouth has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Births per 1,000 women 15 to 44	47.8 (2002-06)	59.6 (1997-01)	20%

## Falmouth has...

High levels of	Low levels of
Lyme disease	Eligibility for free or reduced school lunches
Home and nurse visits**	Violent crimes
Depression**	Substance use arrests

Represents the highest and lowest percentages among all significant indicators listed on the next page.

\*\*Among those with private insurance, and by region that also includes Cumberland, Long Island, North Yarmouth, and Yarmouth.

<b>FALMOUTH Indicators HIGHER than the State</b>			
<b>CHRONIC DISEASE</b>	<b>Value</b>	<b>State value</b>	<b>% higher</b>
Depression per 1,000 (2007)**	68.6	59.1	16%
Asthma per 1,000 (2007)**	34.4	30.2	14%

<b>FALMOUTH Indicators LOWER than the State</b>			
<b>CHRONIC DISEASE</b>	<b>Value</b>	<b>State value</b>	<b>% lower</b>
Smoking-related diagnoses per 1,000 (2007)**	3.4	8.6	61%
Diabetes per 1,000 (2007)**	25.6	43.0	40%
Colorectal cancer per 1,000 (2007)**	0.8	1.3	38%
Coronary heart disease per 1,000 (2007)**	11.0	14.4	24%

<b>HEALTH ACCESS</b>	<b>Value</b>	<b>State value</b>	<b>% higher</b>
Home and nurse visits per 1,000 (2007)**	45.2	25.9	74%

<b>HEALTH ACCESS</b>	<b>Value</b>	<b>State value</b>	<b>% lower</b>
Disabled (2000)	9.2%	20.0%	54%
Emergency department visits per 1,000 (2007)**	101.6	191.2	47%
Hospital visits per 1,000 (2007)**	108.8	126.1	14%

<b>INFECTIOUS DISEASE</b>	<b>Value</b>	<b>State value</b>	<b>% higher</b>
Annual Lyme disease per 100,000 (2005-07)	91	28	224%

<b>INFECTIOUS DISEASE</b>	<b>Value</b>	<b>State value</b>	<b>% lower</b>
Annual chlamydia per 100,000 (2005-07)	76	180	58%

<b>SUBSTANCE USE</b>	<b>Value</b>	<b>State value</b>	<b>% lower</b>
Annual substance use arrests per 1,000 (2004-08)	2.4	13.4	82%
Controlled substance prescriptions per person (2008)	1.35	1.76	23%

<b>FAMILY HEALTH</b>	<b>Value</b>	<b>State value</b>	<b>% lower</b>
Eligibility for free or reduced school lunches (2009-10)	4.8%	43.0%	89%

<b>INJURY AND VIOLENCE</b>	<b>Value</b>	<b>State value</b>	<b>% lower</b>
Annual violent crimes per 10,000 (2004-08)	1.7	11.4	85%

<b>ENVIRONMENTAL HEALTH</b>	<b>Value</b>	<b>State value</b>	<b>% lower</b>
Housing built before 1950 (2000)	32.0%	35.8%	10%

\*\*Among those with private insurance, and by region that also includes Cumberland, Long Island, North Yarmouth, and Yarmouth.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to [tsoma@portlandmaine.gov](mailto:tsoma@portlandmaine.gov) or 207-874-8787.

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