

# Cumberland County

Demographic Indicators	
Indicator	Value
Population (2008)	276,047
Population change between 1998 and 2008	+8.5%
Population per square mile (2008)	331
Median age (2000)	37.6
Under 18 (2000)	23.3%
65 and over (2000)	13.3%
Racial and ethnic minorities (2000)	4.8%
Not fluent in English (2000)	0.79%
Living in poverty (1999)	7.9%
Less than a high school education (2000)	9.9%
Single parent households (2000)	7.8%

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)		
Disease	County	State
1. Cancer	227	242
2. Heart Disease	191	237
3. Chronic Lower Respiratory Diseases	51	61
4. Cerebrovascular Diseases	50	61
5. Alzheimer's Disease	48	38
6. Unintentional Injuries	36	40
7. Influenza/Pneumonia	26	24
8. Diabetes Mellitus	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	20	19
10. Septicemia	11	10
All Causes	884	969

Shading indicates a significant difference from the state.

## Cumberland County has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual Lyme disease cases per 100,000	40 (2005-07)	16 (2002-04)	148%
Annual enteric disease cases per 100,000	49 (2005-07)	39 (2002-04)	27%
Annual chlamydia cases per 100,000	232 (2005-07)	183 (2002-04)	27%
Annual violent crimes per 10,000	16.2 (2004-08)	13.7 (1999-03)	18%
Annual substance use arrests per 1,000	12.5 (2004-08)	11.0 (1999-03)	14%
Eligibility for free or reduced school lunches	30.7% (2009-10)	27.3% (2008-09)	13%
Home and nurse visits per 1,000*	33.8 (2007)	31.3 (2006)	8%
Controlled substance prescriptions per person	1.71 (2008)	1.61 (2007)	6%

## Cumberland County has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Disabling occupational injuries per 1,000 workers	23.8 (2008)	27.0 (2007)	12%
Hospital visits per 1,000*	118.6 (2007)	128.0 (2006)	7%

## Cumberland County has...

High levels of	Low levels of
Lyme disease	Emergency department visits*
Violent crimes	Smoking-related diagnoses*
Home and nurse visits*	Eligibility for free or reduced school lunches

Represents the highest and lowest percentages among all significant indicators listed on the next page.

\*Among those with private insurance.

<b>CUMBERLAND COUNTY Indicators HIGHER than the State</b>			
<b>CHRONIC DISEASE</b>	<b>Value</b>	<b>State value</b>	<b>% higher</b>
Depression per 1,000 (2007)*	68.3	59.1	16%

<b>CUMBERLAND COUNTY Indicators LOWER than the State</b>			
<b>CHRONIC DISEASE</b>	<b>Value</b>	<b>State value</b>	<b>% lower</b>
Smoking-related diagnoses per 1,000 (2007)*	6.1	8.6	30%
Diabetes per 1,000 (2007)*	34.3	43.0	20%
Coronary heart disease per 1,000 (2007)*	11.9	14.4	17%
Back pain per 1,000 (2007)*	105.9	109.9	4%

<b>HEALTH ACCESS</b>	<b>Value</b>	<b>State value</b>	<b>% higher</b>
Home and nurse visits per 1,000 (2007)*	33.8	25.9	30%

<b>HEALTH ACCESS</b>	<b>Value</b>	<b>State value</b>	<b>% lower</b>
Emergency department visits per 1,000 (2007)*	124.9	191.2	35%
Disabled (2000)	17.1%	20.0%	15%
Hospital visits per 1,000 (2007)*	118.6	126.1	6%

<b>INFECTIOUS DISEASE</b>	<b>Value</b>	<b>State value</b>	<b>% higher</b>
Annual Lyme disease per 100,000 (2005-07)	40	28	42%
Annual chlamydia per 100,000 (2005-07)	232	180	29%

<b>SUBSTANCE USE</b>	<b>Value</b>	<b>State value</b>	<b>% lower</b>
Annual substance use arrests per 1,000 (2004-08)	12.5	13.4	7%
Controlled substance prescriptions per person (2008)	1.71	1.76	3%

<b>INJURY AND VIOLENCE</b>	<b>Value</b>	<b>State value</b>	<b>% higher</b>
Annual violent crimes per 10,000 (2004-08)	16.2	11.4	42%
Disabling occupational injuries per 1,000 workers (2008)	23.8	21.0	13%

<b>FAMILY HEALTH</b>	<b>Value</b>	<b>State value</b>	<b>% lower</b>
Eligibility for free or reduced school lunches (2009-10)	30.7%	43.0%	29%

<b>ENVIRONMENTAL HEALTH</b>	<b>Value</b>	<b>State value</b>	<b>% higher</b>
Housing built before 1950 (2000)	36.7%	35.8%	3%

\*Among those with private insurance.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to [tsoma@portlandmaine.gov](mailto:tsoma@portlandmaine.gov) or 207-874-8787.

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