

Casco

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2008)	3,777	19 th
Population change between 1998 and 2008	+17.6%	9 th
Population per square mile (2008)	121	19 th
Median age (2000)	37.8	Tie 16 th
Under 18 (2000)	25.2%	13 th
65 and over (2000)	11.4%	17 th
Racial and ethnic minorities (2000)	2.4%	15 th
Not fluent in English (2000)	0.15%	19 th
Living in poverty (1999)	8.1%	7 th
Less than a high school education (2000)	17.2%	2 nd
Single parent households (2000)	9.0%	4 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	225	227	242
2. Heart Disease	225	191	237
3. Chronic Lower Respiratory Diseases	51	51	61
4. Cerebrovascular Diseases	56	50	61
5. Alzheimer's Disease	34	48	38
6. Unintentional Injuries	67	36	40
7. Influenza/Pneumonia	**	26	24
8. Diabetes Mellitus	34	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	39	20	19
10. Septicemia	**	11	10
All Causes	995	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Casco has a significant INCREASE in...

Indicator	Current	Prior	% increase
Eligibility for free or reduced school lunches***	60.2% (2009-10)	47.4% (2008-09)	27%
Home and nurse visits per 1,000****	42.1 (2007)	33.6 (2006)	25%
Controlled substance prescriptions per person	1.93 (2008)	1.83 (2007)	6%

Casco has...

High levels of	Low levels of
Home and nurse visits****	Housing built before 1950
Eligibility for free or reduced school lunches***	Emergency department visits****
Hospital visits****	

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Part of School Administrative District 61, which also includes Bridgton, Naples, and Sebago.

****Among those with private insurance, and by region that also includes Baldwin, Bridgton, Harrison, Naples, Sebago, and Standish.

CASCO Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007) ^{****}	42.1	25.9	62%
Hospital visits per 1,000 (2007) ^{****}	160.8	126.1	28%
Disabled (2000)	25.3%	20.0%	26%
Casco is a designated Mental Health Professional Shortage Area.			

CASCO Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007) ^{****}	167.7	191.2	12%

ORAL HEALTH
Casco does not fluoridate its public drinking water.
Casco is a designated Dental Health Professional Shortage Area.

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	17.3%	35.8%	52%

FAMILY HEALTH	Value	State value	% higher
Eligibility for free or reduced school lunches (2009-10) ^{***}	60.2%	43.0%	40%

SUBSTANCE USE	Value	State value	% higher
Controlled substance prescriptions per person (2008)	1.93	1.76	10%

^{***}Part of School Administrative District 61, which also includes Bridgton, Naples, and Sebago.

^{****}Among those with private insurance, and by region that also includes Baldwin, Bridgton, Harrison, Naples, Sebago, and Standish.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

Published by the Public Health Division, Health and Human Services Department, City of Portland. Last revised 12/30/2009.

